

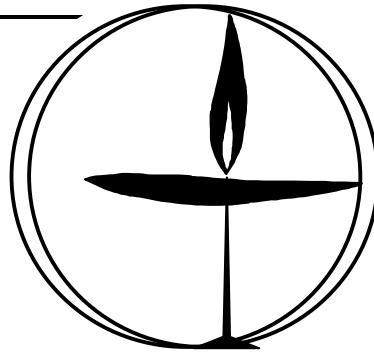
UU News

UNITARIAN UNIVERSALIST SOCIETY OF ONEONTA
16 Ford Ave., Oneonta, NY 13820 (607) 432-3491

www.uuso.org

uuso@uuso.org

SUNDAY SERVICES 10:30 AM



Love is the doctrine of this church, the quest for truth is its sacrament, and service is its prayer

January 21, 2015

Minister: Rev. Craig Schwalenberg—432-3491 or 287-7906

revcraig@uuso.org

Board President: April Gates—988-6517

Music Director: Tim Horne—432-7323

UUSO Church Building—433-7329

Director of Religious Education:

Susan Ryder—643-1927—dre@uuso.org

Editor & Office Administrator: Robin Ahearn—432-3491

uuso@uuso.org

A NEW EMAIL DISCUSSION LIST – TALK@UUSO.ORG

We now have a new email discussion list that will soon take the place of UUSO_TALK. The new list is called TALK@UUSO.org. You can sign up to be part of it on the www.UUSO.org web page, either from the "Mailing List" tab on the blue bar or from the link that is in the "Upcoming Events" area of the Home page. Please sign up now! Once you have been added you will get a confirmation email letting you know that you are an active member of the new list.

For a short time you may wish to mail anything you normally send to UUSO_TALK to both UUSO_TALK and TALK@UUSO.org, but as soon as we feel that most people have signed onto the new list, we will discontinue the UUSO_TALK list. —Kathy Paranya

PS from Pam Strother: Please be assured that you will not be inundated with email; this is a means for improving and expanding communication among Members and Friends of the UUSO.

DIRECTORY DISTRIBUTION!

Directory distribution will take place Sunday, January 25, and Sunday February 1, following the service. Be sure to stop by and pick up your copy! PDF versions of the Directory are also available; contact the office if you'd like one emailed to you.

Also be sure to check out the U-Use-It section of the Directory for goods and services offered by members and friends of the UUSO! —Robin Ahearn

ARTS SUNDAY

Arts Sunday will be February 8 this year. Our focus is on "What Inspires You?" Many of you have art to share of your own making or just art that you own. Please bring art and craft items to Chapin Memorial on Saturday after 10 am. We will be arranging until about noon.

I would also appreciate help Saturday morning setting up and arranging things. Please call Mary at 432-0772 or email dollover124@hotmail.com if you have any questions or would like to help. Thank you! —Mary Krupp

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MINISTER'S MUSINGS

Words of Gratitude for Our Shared Ministry

Last week, I was asked by the UU Trauma Response Ministry to deploy to Moscow, Idaho, to lend aid and support to the UU Church of the Palouse. The Moscow community and the UU congregation in particular were in a state of shock and grief after a shooting spree where one of the victims and the perpetrator were members of the congregation. I was informed of the situation and the possible deployment Saturday evening and was officially asked to go Sunday evening. On Tuesday, I was flying out to Moscow. I spent 2.5 days out there working with their minister, meeting with individuals, and conducting community sharing sessions. I flew back Friday and arrived home Saturday.

It is an honor and a privilege to be able to serve our wider UU community in this way. It is an amazing match of my two callings in life. And I could not do it without the love, care, understanding, and support of this congregation. The Board leadership has always been supportive of my work with UUTRM. More than supportive, they have always gone the extra step of reminding me to care of myself as I do this work. The UUSO staff always covers for me when I am called away and is always available if I have a question or need some assistance. And the many volunteers of this congregation continue to do their thing, ensuring that our programs and services continue uninterrupted.

Over and over, while I was in Moscow, the people there expressed their amazement that someone would fly all the way across the country to be there with them at this tragic, trying time. Then they would express a deep gratitude—not only to me, but for my congregation back in Oneonta. They knew the truth of it without my having to say it. The work I do with UUTRM is a shared ministry. It is our ministry to one another. When I am doing this work, I never forget that I have all of you behind me. Your love sustains me—and I, in turn, share it with those I'm called to be with.

I believe I was helpful to the folks of the UU Church of the Palouse. I know I was a welcome support to their minister. After walking with them and listening to them and watching them care for one another, I believe they will weather this tragedy with their community, hope, and faith intact. As I said, it was an honor and a privilege to be there with them and for them. I bring their words of thanks back to you with me. I also, personally, thank you all for allowing me to do this ministry on your behalf.

Excellence in Ministry: UUMA Institute

Every two years, the UU Ministers' Association hosts a weeklong series of workshops and seminars called the "Institute." I will be attending the Institute next month from February 2-8. In addition to the benefit of gathering with colleagues, I will be participating in a seminar entitled, "Even if We Are Not on Par with Mozart," facilitated by the Revs. Mark Belletini and Kathleen Rolenz. I'm looking forward to learning more about crafting meaningful, inspiring worship services. Cheryl will be traveling with me, and we look forward to spending a couple of days exploring Northern California on our own.

—Cooperatively, Rev. Craig

A SPECIAL NOTE OF THANKS:

To the members of the UU Society of Oneonta and the UU Congregation of Fairfax,

On behalf of the members of the UU Church of the Palouse, I offer my heartfelt thanks for your generosity in loaning us your ministers for a few days. In a hard and tragic week, having Revs. Craig and Jennifer here made a huge difference for our congregation and our entire community. They brought expertise, steady, compassionate presence, and a reminder that we are not alone.

Deep gratitude.

With love, Rev. Elizabeth Stevens, UU Church of the Palouse Moscow, ID

Among Ourselves...

Our heartfelt condolences go out to the family of longtime UUSO Member Bill Kratzenstein, who passed away January 4. Bill leaves behind his wife Betty and daughter Alice Blu, also longtime UUSO Members, as well as Bill and Betty's granddaughter Otelia Blu, longtime Religious Education participant.

Our thoughts and prayers are with Bill's family. A Memorial Service will be held in Bill's honor on Saturday, February 14, at 2 pm, in the UUSO Sanctuary.



EXPLORE OUR NEW WEB PAGE AND TAKE THE SURVEY!

At Coffee Hour on January 25 and February 1, we will be demoing the new UUSO.org Website. Stop by the table at the front of the sanctuary and have a look and try your hand on one of the computers or tablets that we'll have set up.

We also have a survey for the new web page that we'd like you to fill out. On our Home page at www.UUSO.org in the "Upcoming Events" area of the page you'll find a link to the online version of the survey and also a PDF file that you can download, print out, and complete if you prefer a hard copy. If you fill out a hardcopy of the survey, please leave it in the box we've left in the vestibule of the Chapin Memorial building, or you can mail it to the UUSO Office, 16 Ford Avenue. The deadline for completing the survey for the Website is February 15. Please give us your feedback so that we can see how you like the new site and what we might change or add to it to make it better. —Kathy Paranya for the Web Cmte

HOMEMADE SOUP TO GO

The Elm Park United Methodist Church is providing homemade soup to go each Wednesday through March 11, from 4-5 pm. There is no age, socio-economic, or church membership requirement. It's just because we're neighbors. Call 432-6552 weekdays, 9-12, for information.

DOLLAR DINNER

The "Red Door" Church (aka First United Presbyterian) invites the community to a Dollar Dinner with Live Music on Sunday, January 25, from 4:30-6:30. Chicken & Biscuits, salad, fruit, homemade Desserts. Suggested donation \$1. Children six and under are free. Call 432-7520 for more information.

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RELIGIOUS EDUCATION NEWS

Sunday, January 18, was the last of the three Religious Education workshops of our January Intersession about our place in the cosmos. For the first session we paced out the relative distances between planets in our solar system. The second session we walked a chart of the time line of our cosmos. The chart began at the back of the downstairs hall and continued on the floor all the way to the front cupboards of the hall. We saw where on this chart our universe was created and how far it was until all the things we know about on our earth came into being. These happened in the very last inch of this very long chart! The most recent and third session focused on how all people from all cultures have wondered about the stars we can see from our earth.

Knowing that people have always looked to the stars is a powerful connection between us and all other human beings across time. We learned that ancient peoples built observatories and how their yearning to know about the stars lead to the invention of calendars, mathematics, and the study of astronomy. We learned about archaeo-astronomy. People throughout time, from all cultures, have created stories that explain the constellations they observed. We looked at two stories about the constellation we know as Orion.

We will be sharing these two stories with the congregation during this Sunday's worship service on January 25. We hope to continue conversations about our place in the cosmos with you during a potluck lunch following the service. Please stay for the potluck—even if you forget to bring a dish to pass!

I would like to thank the adults who shared their expertise and their time with the children and youth during these January sessions. I would especially like to thank the RE Committee for planning and implementing these lessons, providing snack, and working with the groups. Our workshop leaders were Physics Professor Kevin Schultz, Astrophysicist Michael Frye-Hunt, Dorothy Fry-Hunt, and Anthropology Professor Sallie Han. Theatre Professor John Bagby provided videos and video equipment. We are grateful to Michael Frye-Hunt and Tim Horne for organizing the music for our worship service and for Rev. Craig Schwalenberg for coordinating the adult worship services in January with our January Intersession themes.

There will be two practice sessions for participants in the January Intersession Service, *Our Place in the Cosmos*. There will be a Pizza Party & Practice on Saturday, January 24, from 5:30 to 7 pm and a practice session at 9:30 am right before the service on Sunday, January 25. There will be parts for all!

Finally, I am including the recipe for cheese crackers that I brought for snack last Sunday (see page 5).
Thanks to all for another great Intersession! —Susan Ryder, Director of Religious Education

THE BUTTON SITUATION

As you may have noticed, we have been falling behind in the button department. Paul Robinson, who has kindly volunteered his time and button-making machine for many years, is stepping out of his button-making role. The Membership Committee is taking on this new role, so please be patient as we figure out a new system in the name-tag world. If you are in need of a button, feel free to let the Membership Committee know. Thanks, Paul, for all of your work. It is really appreciated.

—Laura Reyda, Membership Committee

Baked Cheddar Crackers (Adapted from <https://wintermonroe.wordpress.com>)

Ingredients:

1 1/3 c. flour	8 oz. shredded cheddar cheese
1 tsp. salt	2 egg yolks
6 T unsalted butter (diced)	1 tsp. Worcestershire sauce (or Dijon mustard)
	1½ T water

Directions:

1. Preheat oven to 325°.
2. Line 2 cookie sheets with parchment paper.
3. Using a blender or food processor, blend flour and butter, then add cheddar cheese.
4. Put in a bowl. Add egg yolks, water, and Worcestershire sauce.
5. Mix with a spoon and knead a little with hands until it is a smooth dough. Add a little water if necessary so dough can be rolled out but is not sticky.
6. Roll out between two layers of wax paper to 3/8".
7. Peel off top layer of wax paper and cut with cookie cutters.
8. Bake for 15-20 minutes. Cool on racks.
9. Store in an airtight container. Makes about 60 small crackers.

TO OUR WONDERFUL PLEDGING FRIENDS AND MEMBERS:

The finance team is working on getting pledge statements out to you. We will have them out by the end of January. If we have an email address on file for you, we will be sending your statement via email. Using email as a means to communicate with you helps the UUSO save on postage and paper costs. If we do not have an email address for you, your statement will be printed and sent via the USPS.

The pledge statements will show your original pledge made during the pledge drive in 2014 and your outstanding balance. If you have any questions or concerns on your balance, please contact Beth Rafter at treasurer@uuso.org.

Remember that you can contact Beth any time to request your balance!

—Beth Rafter, Treasurer

YELLOW FORMS — WHO? WHERE? WHAT? WHY?

Who needs them? Anyone who has purchased something for UUSO.

Where? Look for a plastic paper holder on the wall above the desk in the coat room/hallway to the kitchen/waiting room for the restrooms in Chapin Memorial. In it you will find YELLOW forms.

What? YELLOW forms need to be filled out for bills to be paid, reimbursements made, or in kind contributions recorded. Members often purchase items for a committee or UUSO. The office needs the information requested on the YELLOW form before a bill can be paid, the cost of a purchase reimbursed, or an in kind donation recorded.

Why? Use of the YELLOW form facilitates proper recording and payment of bills and reimbursements. The Finance Committee needs to know what it really costs UUSO each year so we can plan for the future. Paying for needed supplies, books or equipment is not the responsibility of committee chairs or members. If someone makes a purchase but prefers to donate the cost, we still need to know about it. If you do not want reimbursement, please fill out the YELLOW form, draw a line across the form to indicate that reimbursement is not requested and deliver the YELLOW form to Olympia Brown House by hand or by mail.

—Kay Stuligross, Finance Committee

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INTRODUCTORY SESSION FOR STUDY GROUP

Mary Bergen and Pam Strother are offering an introductory session for a study group on The Word, breakthrough works of channeled literature offering an extraordinary program for personal and planetary evolution, termed "the most complete channeled spiritual psychology since Edgar Cayce."

If you are interested in exploring ways to live at a higher spiritual vibration, please join us on Thursday, January 29, at 7 pm at Magnolia Gathering Place, 14 Dietz Street, Oneonta. There is no cost for this event. For more info, please call Mary at 293-7934 or see PaulSelig.com.

—Pam Strother

ADOPT-A-FAMILY UPDATE...

We thought those who got involved with the Adopt-A-Family holiday collection might like to learn more about the families who said they could use help. We adopted three families. Our families included family units with 10 children, ages 1-17 years. All the families needed a warm blanket for every member. We were able to meet the need for blankets. Children requested some special needed clothing in addition to their blanket and then a game or book or toy. This year was different in that so many of the children wanted art supplies: pencils, paper, sketch pads, crayons, paint, brushes—every child received these items and a game and a book. One teen boy loves repairing bicycles. We were able to help that boy with his dreams to have an instruction book and tools to repair a real bicycle. He and his brother and teen sister, who are football fans, got hoodies and a real football to play the game. UUSO gifts were generous enough this year to provide an \$80 dollar gift card for groceries for each family. Thank you so much for getting involved with our project with Family Service Association. Change for Change in December was \$150.50. Just a few dimes and quarters each Sunday add up in a big way... UUSO made holiday time special for three families this year. Other questions? Call 432-3154, or talk with a member of Social Action Committee.

—Norma Lee Havens

HOLIDAY MITTEN/HATS DELIVERED

The final tally for the Family Service Association Holiday Mitten/Hat Tree was counted and delivered to Family Service Association on Tuesday, January 13, by RE COASTERS Maddy and Sonya, along with their mentors. Totals were: 33 hats, 16 pairs of mittens, and 13 scarves. Thanks to all of you who donated.

—Norma Lee Havens

JANUARY CHANGE FOR CHANGE

The Social Action Committee designated the Oneonta Branch of NAACP as recipient of Change for Change for January.

In its 22nd year, the branch has sponsored or cosponsored the annual Martin Luther King Jr birthday celebration, the African American Read-In in February, voter registration, picnics, banquets, rights forums, and concerts. Besides these more public activities, as a civil and human rights organization, the Branch has acted on calls for advocacy in numerous cases of rights violations and infringements. Members of the Legal Redress Committee have met with victims of discrimination and harassment, local school and college personnel, law enforcement and elected officials, representatives of the New York State Attorney General, students and family members. Branch members are committed to continuing work for rights of all citizens in the area.

The Branch appreciates having been chosen as January Change for Change recipient, and would welcome as members any who are in sympathy with its ideals and purposes.

—Cindy Squires

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CALENDAR

JANUARY

Jan 23	Fri	8:00am - 9:00am/Aerobics/CM 6:30pm - 8:30pm/Building Use/CM
Jan 24	Sat	5-9/RE Pizza Party & Srvc Practice/CM
		9am- 10:00am/RE Service Practice/CM 9-12/Building Use/RE/CM Classrooms
Jan 25	Sun	10:30am/Service: "Our Place in the Cosmos"/RE/CM
		12/RE January Session Potluck/CM
		12-4pm/Building Use/DT Rehearsal/OBH Dining Rm
		12:00pm - 4:00pm/Building Use/DT Rehearsal/OBH Upstairs Front Rm
		1pm/Free Hypnosis Clinic/CM Loft
		Secret Valentine Exchange
		8:00am - 9:00am/Aerobics/CM 3:00pm - 4:00pm/Building Use/CM Loft 6:30pm - 8:00pm/Zen Mediation/CM
Jan 27	Tue	4:30-8:30pm/Bldng Use/CM Classroom 6:30pm - 9:30pm Stop the Pipeline Mtg/CM
Jan 28	Wed	8:00am - 9:00am/Aerobics/CM 1:30pm/Small Group Ministry/Off-site 4:00pm - 4:30pm/Building Use/CM Loft
Jan 30	Fri	8:00am - 9:00am/Aerobics/CM

FEBRUARY

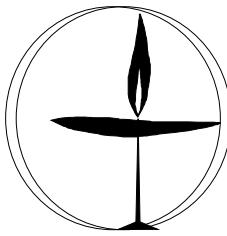
Feb 1	Sun	10:30Srvc: "Telling Truth to Power" Ministry: Part I/Rev. Craig/CM
		12:30pm/Building Use/DT Rehearsal/CM Classrooms
		Secret Valentine Exchange
		1-3pm/Small Group Ministry/CM Loft
		8:00am - 9:00am/Aerobics/CM 9:00am/Newsletter Deadline
Feb 2	Mon	3pm - 4:00pm/Building Use/CM Loft 6:00pm - 8:00pm/Small Group Ministry 6:30pm - 8:00pm/Zen Mediation/CM
		8:00am - 9:00am/Aerobics/CM 10:15am/Small Group Ministry/OBH
		4:30- 8:30pm/Building Use/CM Loft
		7:00pm/Web Cmte/OBH Dining Rm

Feb 4	Wed	8:00am - 9:00am/Aerobics/CM 4pm - 4:30pm/Building Use/CM Loft 5:30pm/Vespers: "Teaching Dreams"/Diana Friedell/CM 7- 8:00pm/Membership Cmte/OBH
Feb 5	Thu	7- 9:30pm/Building Use/CCS/CM
Feb 6	Fri	8:00am - 9:00am/Aerobics/CM 10:30am/Service: "What Inspires You?"/Mary Krupp/CM
Feb 8	Sun	12:00pm - 1:30pm/COAST Brown Bag Lunch/OBH Dining Rm Secret Valentine Exchange
		12:30pm/Building Use/DT Rehearsal/CM Classrooms
		1:30pm/Dining for Women/CM
		8:00am - 9:00am/Aerobics/CM 3pm - 4:00pm/Building Use/CM Loft
Feb 9	Mon	6:30pm/RE Cmte Mtg/OBH Dining Rm 6:30pm - 8:00pm/Zen Mediation/CM
		4:30- 8:30pm/Building Use/CM Loft
		8:00am - 9:00am/Aerobics/CM 1:30pm/Small Group Ministry/Off-site
		4pm - 4:30pm/Building Use/CM Loft 6:00pm/Scrabble & Potluck/CM
Feb 12	Thu	5:30pm/NAACP/OBH Living Rm
		7- 9:30pm/Building Use/CCS/CM
		8:00am - 9:00am/Aerobics/CM 5:30pm/Mali Task Force/OBH 1st Flr
Feb 14	Sat	2:00pm/Bill Kratzenstein Memorial Service/CM
		10:30am/Service: "With Love" Ministry: Part II/Rev. Craig/CM
		12/Finance Cmte Mtg/OBH Dng Rm
Feb 15	Sun	12/Mali Task Force/OBH Living Rm
		12:30pm/Building Use/DT Rehearsal/CM Classrooms
		1-3pm/Small Group Ministry/CM Loft

CM=Chapin Memorial/OBH=Olympia Brown House

Rev. Craig's Office Hours:
Tuesday, 10-4; Wednesday, 12-4; Thursday, 10-4

Office Administrator's Hours:
Mon, Wed & Fri, 9-2; Tues & Thurs, 9-12



UNITARIAN UNIVERSALIST SOCIETY
12 Ford Ave.
Oneonta, NY 13820

UPCOMING SUNDAYS at the UUSO

January 25, 2015

"Our Place in the Cosmos"

Stay Together Sunday

A worship service based on the Religious Education Program's January explorations into a deeper understanding of our cosmos.

Religious Education Sunday

Music provided by

**Music Director Tim Horne and
Music Associate Michael Frye-Hunt**

*Coffee Hosts: Suzanne Miller &
Walter vom Saal*

Ushers: Stan Sessions & Kathy Shimberg

*Worship Associate: Adrienne Martini
(Please submit announcements to
Adrienne via email by 1/24.)*

February 1, 2015

"Telling Truth to Power"

Ministry: Part I

Children to Classrooms at 10:30

Prophetic ministry is telling Truth to Power. What truth? Which power? How to be a prophet in this modern world...

Rev. Craig Schwalenberg

Music provided by
Music Director Tim Horne

*Coffee Hosts: Clarissa Arnold & Deb Bruce
Ushers: Leah Bridgers & Julian Pecenco*

Worship Associate: Kevin Schultz

*(Please submit announcements to
Kevin via email by 1/31.)*