

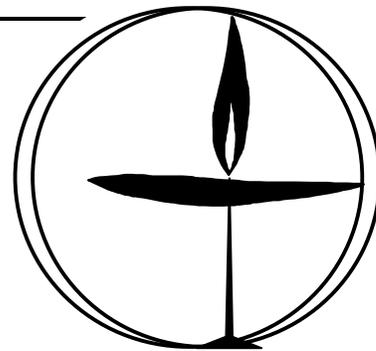
UU News

UNITARIAN UNIVERSALIST SOCIETY OF ONEONTA
16 Ford Ave., Oneonta, NY 13820 (607) 432-3491

www.uuso.org uuso@uuso.org

SUNDAY SERVICES 10:30 AM

Love is the doctrine of this church, the quest for truth is its sacrament, and service is its prayer



September 24, 2014

Minister: Rev. Craig Schwalenberg—432-3491 or 287-7906
revcraig@uuso.org

Board President: April Gates—988-6517

Music Director: Tim Horne—432-7323

UUSO Church Building—433-7329

Director of Religious Education:

Susan Ryder—432-4471—dre@uuso.org

Editor & Office Administrator: Robin Ahearn—432-3491

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UUSO ENDOWMENT FUND GRANT INFORMATION & APPLICATION

The applications for grant money from the UUSO Endowment Fund are now available. This year the total of available funds appears to be in the \$3500 range. Each grant will, most likely, be under \$1000. The committee is eager to receive completed applications in October. The grant information and application forms are in the foyer of Chapin or can be downloaded by contacting Grace Smith at chewsie6@gmail.com.

The UUSO Endowment Fund supports community activities or programs that further the realization of the Principles of Unitarian Universalism. As examples, in past years support has been given to Catholic Charities' Lantern Hill after-school project, a local effort to increase composting, registration fees for GA, the bicycle stand at Chapin Memorial and new headphones for our hearing assist loop in the sanctuary. *(Continued on Page 6)*

FALL RUMMAGE SALE IN OCTOBER!

Sunday, October 26, marks the beginning of Rummage Sale Week. We will be setting up right after coffee hour and will accept rummage donations all afternoon and all day Monday.

When collecting your items for donation, please omit books, tapes, summer clothing, hardware and electronics (TV's, phones, etc).

The sale will begin at noon, Wednesday, October 29, and continue until noon on Friday, when we pack up and deliver unsold goods to the Salvation Army and other charitable organizations.

Note the dates on your calendar and plan to help out during the week if possible. —Anne Ray

PS: The Rummage Sale Committee is looking for an organized individual to assist with the publicity for the upcoming UUSO Rummage Sale. Please contact Virgil Briggs or Anne Ray for more information. Thank you. —Virgil Briggs

Sawdust from the Board

Our recent Board of Trustees meeting:

- Received the Treasurer's report;
- Approved the final budget for 2014-2015, which goes to the Congregational Meeting, October 12, for passage by the Membership;
- Received the Director of Religious Education report;
- Approved wording for a necessary Bylaws amendment to go to the Congregational Meeting;
- Discussed and tabled, pending legal advice, the wording of a website consent form;
- Heard reports from Board members who serve as liaisons to various committees.

The Board will hold its annual Retreat on Saturday, September 27. Among other topics, we will be taking time to review the long range plan passed in May, to review various issues related to our newly launched website, and to determine how we will best work together over the coming year to accomplish the business of the Congregation.

Our regular meetings—the third Wednesday of each month at 6:30 pm in the Chapin Memorial Loft—are always open to the membership. If you have an issue for the Board to address, please let the Board President know by noon on the Sunday before the Board meeting to get it on the agenda—contact information is listed below. As always, the most recently approved Minutes of our Board of Trustee meetings are posted on the bulletin board in the Sanctuary. If you want a copy, please see Robin Ahearn, our Office Administrator, and she will make one available to you.

—April Gates, Board of Trustees President
email: aprilgates@stny.rr.com Phone: (607) 287-6915

LONG DINNER/SHORT STORY

Two places @ \$30/ea left for Saturday, October 18, 6 pm, 67 Church Street. From soup to nuts we will read a Sherlock Holmes Story in between our meal's five courses—featuring Virgil Briggs's beef, Deb's chocolate trifle, and wines. Please call Alice at 432-8673 to reserve.

—Deb Bruce, Alice Siegfried

SERVICE ATTENDANCE:

June 29	54	August 17	63
July 6	57	August 24	56
July 13	57	August 31	80
July 20	51	September 7	97 (Ingathering)
July 27	63	September 14	73
August 3	75	September 21	73
August 10	51		

OCTOBER VESPERS

Spiritual Vespers will be held from 5:30 to 6:30 pm in the sanctuary of the Unitarian Universalist Church on 12 Ford Avenue, Oneonta, on Wednesday, October 1. Diana Friedell, Spiritual Intuitive, welcomes Sara Delafield to help lead the service, which offers a timeout for meditation, reflection and candle lighting to mark the joys and concerns in our lives. The theme of the service is “Out of Balance?-Getting Off the Teeter Totter.” Sara Delafield is co-owner of the Red Feather Retreat, a small learning center in Port Crane, NY, for the exploration of consciousness. She will share techniques to help integrate your energy system. —Diana Friedell

KEEP THOSE BOTTLES & CANS COMING

What is the sound of bags full of returnable bottles and cans? It is the sound of money for the UUSO Endowment Fund and a cleaner environment!

The Endowment Committee LOVES those nickel bottles and cans. Just this week we were able to deposit over \$60.00 in the Fund account. And, then comes the generous matching gift for a total of over \$120.00! This money is then invested by the Endowment Committee in Socially Responsible Funds, and UUSO is able each fall to support local projects, groups and individuals through the Endowment Fund Grants.

It is a real pleasure to participate in this work.

Thanks to everyone who collects and bags their empty returnable bottles and cans.

—Grace Smith, Chair, UUSO Endowment Committee

WOMEN'S SPIRITUALITY CONFERENCE

The Saint Lawrence District Unitarian Universalist Women in Religion proudly present the 6th Annual Women's Spirituality Conference, "Durga, Demeter, and Spiderwoman: Goddess Myths for Courage, Strength, and Creativity," featuring Nancy Vedder-Schults as keynote speaker—Saturday, October 4, UU Congregation of Binghamton, 183 Riverside Drive, 9-5. Registration is \$40.

Join us for a day of fellowship and a chance to explore our spiritual inner self! In addition to the keynote, Nancy will lead a music workshop for all in the afternoon. You will also have a choice of two other workshops including yoga, herbs for women's health, ritual writing, and how to make a sacred bundle. Lunch and beverages are provided. Make checks payable to SLD UUWR, 72 Crestmont Road, Binghamton, NY 13905. Contact Christine Smith at stinesmith@gmail.com with any questions.

UU WEEKEND AT SILVER BAY

The annual inter-congregational UU Weekend will be held at the Silver Bay Resort on Lake George, October 17-19, 2014. The weekend will be filled with workshops, outdoor activities, music, a talent show, children's programs and much more. A schedule of festivities is available online at albanyuu.org.

RELIGIOUS EDUCATION NEWS

Our RE year has begun! It started with exciting presentations by biologists Stan Sessions and Florian Reyda at our kick-off event on September 14. Our attention was immediately occupied as we wondered about the wriggling cloth bags that Stan had brought. As the 4th through 6th graders are working from the Hogwarts Oneonta curriculum this year, the bags could have held (among other things) boggarts, pixies or gnomes. But Stan and Florian are not Magizoologists per se. (According to Wikipedia, Magizoology is the study of magical creatures in the Harry Potter series. One notable Magizoologist is Newt Scamander who wrote Fantastic Beasts and Where to Find Them, a popular textbook at Hogwarts.) It appeared that Stan and Florian must be familiar with the work of Prof. Scamander as they presented their own studies of creatures in our world in ways that inspired attitudes of amazement and wonder. We are blessed to have such engaging and knowledgeable experts in our congregation! (By the way, the bags turned out to hold beautiful snakes that were gracious enough to allow themselves to be held by participants.)

This last Sunday, September 21, was the first day of classes. Each class had a large number of participants. Some children brought friends. Please remember that friends are always welcome and that children and youth can attend an RE class at any point in the year. Each class is set up to be age-appropriate, fun, engaging, and to create an environment where ideas of spirit can be explored. Participants will find the most benefits from their classes the more often they are able to attend.

The Children's RE classes rotate between four yearly themes: Our Unitarian Universalist Heritage, Our Judeo-Christian Heritage, World Religions, and this year's theme which is Respect for the Interdependent Web of All Life. The UUSO Web of Life Explorers Class is for those in kindergarten through third grade. They will go outside almost every Sunday to explore a special place they will get to know in the backyard of the Olympia Brown House. It is important that they dress for the weather each Sunday, and have their weather gear handy as the days grow colder. Please have them store their coats, boots, hats, etc., outside of their downstairs classroom on the hooks in the hall rather than on the upstairs coat racks. We already have a supply of extra mittens and hats for those who need them. We could use some umbrellas if anyone has one they would be able to donate to the class. Please leave donated umbrellas in the downstairs Explorers classroom and accept our thanks for dry children on rainy days!

There are many other activities going on besides RE Classes. Children will have Children's Worship every month or so where we will explore spirit through a holiday celebration or other special service together. There will be parties, special guests, and children and youth taking part in Intergenerational Services. Children and Youth also have an integral part of social justice projects such as the Mali Task Force, collecting for UNICEF, and other projects through their RE classes.

UUSO Newsletter—September 24, 2014

Each January, the RE program hosts workshops for children and youth around a theme. The adult services are usually related to the theme as well. The children and youth present a service at the end of January for the entire congregation. This year's theme will be: Our Place in the Cosmos. We will be looking for adults in our congregation to present brief workshops. We have seen how much adults enjoy spending time with the RE program in this way and how much the children and youth benefit as well. Please speak with me if you would like to participate in a January Session.

Here's to a great RE year together! —Susan Ryder, UUSO Director of Religious Education

POTLUCK WITH RAFFLE BENEFITTING STOP THE CONSTITUTION PIPELINE Tuesday, October 7

Oh what a night it will be! Doors open at 5:30 pm for a potluck at 6 pm. There will be a 50/50 raffle benefitting Stop The Constitution Pipeline. And then, at 7:30 pm, you can do as Pete Seeger said, "Listen to David Rovics!" Rovics, described in a Truthout magazine article as a 'professional flat-picking rabble-rousing troubadour' has made a career out of giving away his music on line for free. "I had my one millionth download a couple years ago," he says. Rovics also sells his CDS on line and in person at union halls, pubs, cafes, churches, universities and protest rallies. (He performed for free at over 30 Occupy gatherings "after that I lost count," he said.)

With that much travelling at sites of resistance, he also produces a fair amount of journalism. His essays have been published on Counterpunch, The Monthly, and Truthout—in addition to the 200 plus songs of broadside nature he makes available for free on the web.

The son of classical musicians, David grew up in Wilton, Connecticut. He attended Unitarian Universalist gatherings and by age 12 was involved in the anti-nuclear movement. By the early 90's he was a full-time 'busker' in the Boston, MA, subways, where he was part of a 'new music' community that included Tracy Chapman. By the mid 90's he was travelling the world. Fatherhood has changed his business model to a subscription career, but he is still touring.

You can listen to his music online at davidrovics.com, or there is a good interview with him at ragradio. But all this perhaps could distract from the fact that Rovics has an amazing stage presence and his music is top notch. He'll make you laugh, he'll make you sing, and, like Pete Seeger, he'll make the revolution seem irresistible.

Oneonta is lucky to host the man Amy Goodman calls "the musical version of Democracy Now!" and who the BBC's Andy Kershaw lauds as follows: "If the great Phil Ochs were to rise from the dead today, he would probably be hailed as the new David Rovics."

Tickets are \$10.00 and are on sale at the 8th Note and Green Earth. For more information, contact UUSO member Lisa Barr at 267-9337.

—Lisa Barr

UUSO ENDOWMENT FUND GRANT INFORMATION & APPLICATION

(Continued from Page 1)

Please put your thinking caps on as well as reach out to your community friends who have projects in mind. Some ideas to stimulate thought: a speaker or artist whose work or message could be shared in our community; an inspirational idea to be put into action to encourage recycling, reduce local air or water pollution, increase voter registration, assist the homeless, access to mental health facilities, leadership training, pre-school education...the list could be endless!

Please encourage people to apply. The application is very simple.

—Grace Smith

SANDRA STEINGRABER LECTURE

For anyone who has been following matters concerning fracking, pipelines, the environment, and climate issues, the name of Ithaca College researcher, author, and activist Sandra Steingraber will be familiar. She will be speaking this Thursday, September 25, at 7 pm in Hartwick College's Yager Hall Slade Auditorium as the keynote speaker of the year-long campus theme, "Health and the Environment." The title of her talk is "Contaminated Without Consent: Bringing Science and Human Rights to Environmental Activism." Public is welcome, but advised to get there early as the auditorium is expected to fill up quickly. See <http://www.hartwick.edu/news/oconnor-steingraber-09-08-14> or contact Prof. Laura Malloy at malloyl@hartwick.edu for further details. —Kathy Shimberg

MOBILE CRISIS ASSESSMENT TEAM GOALS AND SERVICES

October 16 @ Morris Hall SUCO ~7 pm

Given the concerns that many in the community have about the closing of some of Bassett Hospital's psychiatric services, we hope that this program to explain the Mobile Crisis Assessment Team (MCAT) will help to allay some of that anxiety. For this annual NAMI (National Alliance on Mental Illness), October 16 program, Michele Kuhn, LMSC, Crisis Director, and Colleen Bottini, Assistant Director of Behavioral Health from The Neighborhood Center in Utica, will be the main MCAT presenters with a panel of others involved in Otsego County.

MCAT seeks to de-escalate a crisis situation, prevent possible harm, keep the problem outside of the legal system, and avoid hospitalizations whenever that is appropriate. MCAT's mental health staff provides help during crisis to children and adults in Oneida, Herkimer, Schoharie, Otsego, Delaware and Chenango counties. MCAT has the ability to respond to crises where they occur, and work with the individual family and community-based agencies to assist with needs. A crisis includes, threats to harm self or others, behavioral issues, severe depression or anxiety, mental health symptoms, behaviors that may lead to police intervention, and any problem that is causing serious issues with functioning.

The MCAT services include 24-hour, 7-days-a-week intervention, mental health assessment, linkage to services, alerts to identify and assist those who are at increased risk, and crisis debriefing. Also included is coordinating with schools, medical and mental health providers, and other agencies to provide crisis interventions and to help monitor clients who are at risk. MCAT services are provided at no cost to the recipient. Staff is available 24 hours/day, seven days/week. Call (877) 369-6699 or (844) 732-6228.

—NAMI - Otsego county, Inc.

UUSO Newsletter—September 24, 2014

CALENDAR

SEPTEMBER

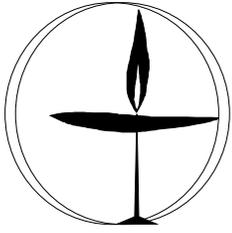
Sep 25	Thu	5:30pm - 6:30pm/Yoga/CM 6:45pm - 9:30pm/Building Use/CCS/CM
Sep 28	Sun	10:30am/Service: "Days of Awe"/A UU Celebration of Rosh Hashanah and Yom Kippur/Pam Strother & UUSO Members/CM 1:00pm/Free Hypnosis Clinic/CM Loft
Sep 29	Mon	3:00pm - 4:00pm/Building Use/CM Loft
Sep 30	Tue	3:00pm - 7:30pm/Building Use/CM Loft

OCTOBER

Oct 1	Wed	4- 6:00pm/Small Group Ministry/OBH 5:30pm/"Out of Balance? Getting Off the Teeter Totter"/Sara Delafield/CM 6:30pm - 9:30pm/Building Use/CM
Oct 2	Thu	5:30pm - 6:30pm/Yoga/CM 6:45pm - 9:30pm/Building Use/CCS/CM
Oct 4	Sat	9:00am - 5:00pm/Zen Retreat/CM
Oct 5	Sun	10:30am/Service: "The Pursuit of Happiness"/Hap Hartley/CM 1- 3:00pm/Small Group Ministry/CM Loft
Oct 6	Mon	9:00am/Newsletter Deadline 3:00pm - 4:00pm/Building Use/CM Loft 6- 8:00pm/Small Group Ministry/OBH
Oct 7	Tue	10am - 12pm/Small Group Ministry/OBH 3- 7:30pm/Building Use/CM Classroom 5:00pm - 11:00pm/Building Use/CM
Oct 8	Wed	1:30-3:30pm/Small Group Ministry/Off-site 6:00pm/Scrabble & Potluck/CM
Oct 9	Thu	5:30pm - 6:30pm/Yoga/CM 5:30- 8:30pm/NAACP/OBH Living Rm 6:45pm - 9:30pm/Building Use/CCS/CM
Oct 12	Sun	10:30am/Srvce: "Zombie Theology"/Rev. Michelle George Yates/CM 12 CONGREGATIONAL MEETING
Oct 13	Mon	3:00pm - 4:00pm/Building Use/CM Loft 6:30-8pm/RE Cmte Mtg/OBH Dining Rm
Oct 14	Tue	3:00pm - 7:30pm/Building Use/CM Loft
Oct 15	Wed	4- 6:00pm/Small Group Ministry/OBH

		6:30pm/Board of Trustees/CM
Oct 16	Thu	12:00pm - 2:00pm/Building Use/CM 5:30pm - 6:30pm/Yoga/CM 6:45pm - 9:30pm/Building Use/CCS/CM
Oct 17	Fri	5:30pm - 8:30pm/Building Use/Moss/CM
Oct 18	Sat	1:00pm - 10:00pm/Building Use/Moss/CM
Oct 19	Sun	10:30am/Service: "The Importance of Our UU Faith in Uganda"/Rev. Mark Kiyimba/CM 12:00pm/Social Action Cmte Luncheon/CM 12- 1:30pm/COAST Mentor Training/OBH 1- 3:00pm/Small Group Ministry/CM Loft 2- 3:00pm/COAST Cmte Meeting/OBH 6:00pm/Dining for Women/CM
Oct 20	Mon	9:00am/Newsletter Deadline 3:00pm - 4:00pm/Building Use/CM Loft 6- 8:00pm/Small Group Ministry/OBH
Oct 21	Tue	10am-12pm/Small Group Ministry/OBH 3:00pm - 7:30pm/Building Use/CM Loft
Oct 22	Wed	1:30-3:30pm/Small Group Ministry/Off-site
Oct 23	Thu	5:30pm - 6:30pm/Yoga/CM 6:45pm - 9:30pm/Building Use/CCS/CM
Oct 26	Sun	10:30am/Service: "Pretty Woman"/Rev. Margie Allen/CM 12- 2:00pm/Mali Mtg/OBH Living Rm 12:30pm/Bldg Use/Rummage Sale Prep/CM 1:00pm/Free Hypnosis Clinic/CM Loft
Oct 27	Mon	9am/Building Use/Rummage Sale Prep/CM 3- 4:00pm/Building Use/CM Loft
Oct 28	Tue	9am/Bldg Use/Rummage Sale Prep/CM 3- 7:30pm/Building Use/CM Classroom
Oct 29	Wed	9-noon/Bldg Use/Rummage Sale Prep/CM 12:00pm/Rummage Sale Begins!/CM
Oct 30	Thu	9:00am/Rummage Sale Continues/CM
Oct 31	Fri	9am-12pm/Rummage Sale Continues/CM 12/Bldg Use/Rummage Sale Clean-up/CM

CM=Chapin Memorial/OBH=Olympia Brown House
Rev. Craig's Hrs: On sabbatical through 12/3/14
Office Administrator's Hrs: Mon-Fri, 8:30-12:30



UNITARIAN UNIVERSALIST SOCIETY
12 Ford Ave.
Oneonta, NY 13820

UPCOMING SUNDAYS at the UUSO

September 28, 2014

"Days of Awe"

A UU Celebration of Rosh Hashanah
and Yom Kippur

Children to Classrooms at 10:30

This season, our Jewish heritage calls us
to live deliberately, to seek and offer
forgiveness, to honor our dead,
and to rededicate ourselves
to the good and true.

Pam Strother & UUSO Members

Music provided by
Music Director Tim Horne

Ushers: Ann Marie Mills & Beth Rowland
Coffee Hosts: Patricia Engel LaFata &
Anne Ray
Worship Associate: Adrienne Martini
(Please submit announcements to
Adrienne via email by 9/27.)

October 5, 2014

"The Pursuit of Happiness"

Children to Classrooms at 10:30

The Declaration of Independence states
that we are endowed by our creator with
certain unalienable rights, that among
these are life, liberty, and the pursuit of
happiness. The first two are clearly
rights. Happiness, however, is an
emotion that must be achieved.

How does this happen?

Hap Hartley

Music provided by
Dorothy and Michael Frye-Hunt

Ushers: Mansir Petrie & Daphne Sorensen
Coffee Hosts: Duncan & Grace Smith
Worship Associate: Julian Pecenco
(Please submit announcements to
Julian via email by 10/4.)